

# THIS IS AN OFFICIAL NH DHHS HEALTH ALERT

Distributed by the NH Health Alert Network  
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June 20, 2024, 1400 EDT (2:00 PM EDT)  
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## Doxycycline Postexposure Prophylaxis (PEP) to Prevent Bacterial Sexually Transmitted Infections (STIs)

### Key Points and Recommendations:

1. Review and implement CDC's new [Clinical Guidelines on the Use of Doxycycline Postexposure Prophylaxis for Bacterial Sexually Transmitted Infection Prevention](#):
  - Discuss the risks and benefits of doxycycline PEP with gay, bisexual, and other men who have sex with men (MSM) and transgender women (TGW), who have a history of at least one bacterial STI (i.e., chlamydia, gonorrhea, syphilis) during the past 12 months
  - Prescribe doxycycline PEP (using shared decision-making) so that your patient has sufficient supply in order to take a single 200 mg oral dose as soon as possible but within 72 hours after oral, vaginal, or anal sex (maximum dose of 200 mg every 24 hours)
  - Assess the need for doxycycline PEP every 3-6 months
  - Routinely screen for STIs, including testing for chlamydia and gonorrhea at anatomic sites of exposure (e.g., oropharyngeal, vaginal, urogenital, rectal), syphilis, and HIV at baseline and every 3-6 months
  - Consider prescribing or referring your patient for HIV pre-exposure prophylaxis (PrEP) therapy, for eligible patients who are HIV-negative
  - Recommend the [JYNNEOS vaccine for mpox prevention](#) to eligible patients who have not already completed the 2-dose series
  - Provide other routine preventive care services summarized in the MMWR publication, including sexual health and STI prevention counselling, vaccination, and other infectious disease screening (e.g., hepatitis B and C virus infection)
2. Review our past recorded webinars on [Syphilis & Congenital Syphilis](#) (12/14/2023) and [Gonorrhea, Chlamydia, & Doxycycline PEP](#) (3/14/2024).
3. The NH Division of Public Health Services (DPHS) continues to host healthcare provider webinars on the 2<sup>nd</sup> Thursday of each month from 12:00 – 1:00 pm to provide important public health updates. The next webinar will occur on **Thursday, July 11<sup>th</sup>** and can be accessed using the information below:
  - [Click Here to Join the Meeting](#) (via Microsoft Teams)
  - Meeting ID: 278 434 186 837
  - Webinar Passcode: Bvfiah
  - Call-in Phone Number: 603-931-4944
  - Call-in Passcode: 902 201 066#

- For any questions regarding this notification, please call the NH DHHS, DPHS, Bureau of Infectious Disease Control at (603) 271-4496 during business hours (8:00 a.m. – 4:30 p.m.).
- If you are calling after hours or on the weekend, please call the New Hampshire Hospital switchboard at (603) 271-5300 and request the Public Health Professional on-call.
- To change your contact information in the NH Health Alert Network, please send an email to [DHHS.Health.Alert@dhhs.nh.gov](mailto:DHHS.Health.Alert@dhhs.nh.gov) or visit [www.nhhan.org](http://www.nhhan.org).

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**Attachments:** None